

# Hallenbelegung Vereinsturnhalle

TV Jahn Brachbach

|       | Montag             | Dienstag         | Mittwoch           | Donnerstag         | Freitag        | Samstag       | Sonntag |
|-------|--------------------|------------------|--------------------|--------------------|----------------|---------------|---------|
| 10:00 |                    |                  |                    | Eltern-Kind-Turnen |                |               |         |
| 10:30 |                    |                  |                    |                    |                |               |         |
| 11:00 |                    |                  |                    | 10:00 - 11:30      |                |               |         |
| 11:30 |                    |                  |                    |                    |                |               |         |
| 12:00 |                    |                  |                    |                    |                |               |         |
| 12:30 |                    |                  |                    |                    |                |               |         |
| 13:00 |                    |                  |                    |                    |                |               |         |
| 13:30 |                    |                  |                    |                    |                |               |         |
| 14:00 |                    |                  |                    |                    |                | Selfe Defence |         |
| 14:30 |                    |                  |                    |                    |                | Combat        |         |
| 15:00 |                    |                  |                    |                    |                | 14.00 -16.00  |         |
| 15:30 |                    |                  |                    |                    |                |               |         |
| 15:45 |                    |                  |                    |                    |                |               |         |
| 16:00 | Mädchenturnen      |                  |                    |                    | Kinderturnen   |               |         |
| 16:15 | ab 6 Jahre         |                  |                    |                    | 3 - 6 Jahre    |               |         |
| 16:30 |                    |                  |                    |                    | 16:00 - 17:00  |               |         |
| 16:45 | 16:00 - 17.30      |                  | Prellball          |                    |                |               |         |
| 17:00 |                    | Frauenturnen     |                    |                    |                |               |         |
| 17:15 |                    |                  | 16:45 - 18:45      |                    |                |               |         |
| 17:30 |                    | 17:00 - 18:00    |                    |                    |                |               |         |
| 17:45 |                    |                  |                    | Tischtennis        |                |               |         |
| 18:00 |                    | Kursangebot      |                    | 18:00 - 20:00      | Bauch Beine Po |               |         |
| 18:15 |                    | Yoga             |                    | Jugend             | 18:00 - 19:00  |               |         |
| 18:30 | Rückenfit Gruppe 1 |                  |                    |                    |                |               |         |
| 18:45 |                    | 18:00 - 19:15    |                    |                    |                |               |         |
| 19:00 | 18:30 -19:15       | Aushang beachten | Fitness kennt kein |                    |                |               |         |
| 19:15 | Rückenfit Gruppe 2 |                  | Alter              |                    |                |               |         |
| 19:30 |                    | Selfe Defence    |                    |                    |                |               |         |
| 19:45 | 19:15 - 20:00      | Combat           | 19:00 - 20:00      |                    | Spielmannszug  |               |         |
| 20:00 | Rot-Weiße Funken   | 19:30 - 21:30    | Bauch Beine Po     | 20:00 - 22:00      |                |               |         |
| 20:30 |                    |                  | 20:00 - 21:00      | Herren             | 19:45 - 22:00  |               |         |
| 21:00 | 20:00 - 21:00      |                  |                    |                    |                |               |         |
| 21:30 |                    |                  |                    |                    |                |               |         |
| 22:00 |                    |                  |                    |                    |                |               |         |